

REGIMENTAL HEADQUARTERS  
 THE SOUTH CAROLINA CORPS OF CADETS  
 THE CITADEL  
 CHARLESTON, SC  
 REGIMENTAL TRAINING SCHEDULE FOR THE WEEK OF 22 – 29 JULY 2024

**C1 ATHLETES**

**As of 26 July 2024**

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
<b>Mon 22 July</b>	0530-0630	Fall Sports Cadre	Breakfast: Formation/March to Mess (Open Mess) <b>*LAUNDRY DROP*</b>	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	0700-0830	C1 Athletes	Report & Room Assignment Non-Sized Issue	Law Barracks	Civilian Clothes	Fall Sports Cadre Cdr
	0900-1150	C1 Athletes	<b>In-Processing:</b> Haircut Post Office/Weigh In Uniform Measurement Uniform Issue [rtn to barracks/drop bags] ID Cards Begin Inventory	MCH  Cadet Store  One Card Office Law Barracks	Citadel Summer PT w/leathers & black socks	Fall Sports Cadre Cdr
	1200-1250	C1 Athletes	Assembly/March to Lunch 1200: Assembly 1205: March to mess 1210: Mess ["AT EASE" meal]	DFAC Downstairs	Citadel Summer PT w/leathers & black socks	Fall Sports Cadre Cdr
	1300-1345	C1 Athletes	LD 4-2a The Citadel Experience	Duckett Aud	Citadel Summer PT	Fall Sports Cadre Cdr
	1400-1445	C1 Athletes	LD 4-2b Leadership	Duckett Aud	Citadel Summer PT	XO
	1500-1545	C1 Athletes	LD 4-2c Followership	Duckett Aud	Citadel Summer PT	Platoon Leader
	1600-1630	C1 Athletes	Mess Brief	Duckett Aud	Citadel Summer PT	Fall Sports Cadre Cdr
	1645-1745	C1 Athletes	Drill #1  <b>[change to soft shoe following drill]</b>	Law Barracks	Citadel Summer PT w/leathers & black socks	Fall Sports Cadre Cdr
	1755-1850	C1 Athletes	Assembly/Inspection/March to Mess 1755: Mess Call 1800: Assembly 1803: Attention 1804: Retreat/Colors 1805: Move to Mess	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
<b>Mon 22 July [cont'd]</b>	1900-1950	C1 Athletes	Inventory of Cadet Issue Items [cont'd]	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
	2000-2200	C1 Athletes	TAC NCO Time	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2200-2300	C1 Athletes	Personal Hygiene	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr

**BLISTER CALL (TRAINING ROOM) EACH DAY IMMEDIATELY AFTER BREAKFAST**

<b>Tues 23 July</b>	0530-0630	C1 Athletes	PT #1 0515- 1 <sup>st</sup> Call 0520: Assembly/move to training 0530: PT	Summerall Field	Citadel Summer PTs	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	Law Barracks	Citadel Summer PTs	
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 <sup>st</sup> Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	Citadel Summer PTs w/Leathers	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	Law Barracks	Citadel Summer PTs w/Leathers	Fall Sports Cadre Cdr
	0830-0915	C1 Athletes	Drill Period #2  (Change to Soft Shoe following Drill)	Law Barracks	Citadel Summer PTs w/Leathers	Fall Sports Cadre Cdr
	0930-1045	C1 Athletes	Room Standards/ Personal Appearance	Duckett Aud	Citadel Summer PT	BN TAC NCO
	0930-1030	C1 Athletes	Commandant's Talk	Duckett Aud	Citadel Summer PT	Fall Sports Cadre Cdr
	1030-1150	C1 Athletes	TAC TIME 1/ Room Standards/ Personal Appearance	Law Barracks	Citadel Summer PT	TAC TEAM
	1200-1250	C1 Athletes	Lunch	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	1300-1350	C1 Athletes	Counseling Center Mental Health Overview	Duckett Aud	Citadel Summer PT	Counseling Center
	1400-1420	C1 Athletes	Medical Issues Overview	Duckett Aud	Citadel Summer PT	Medical Clinic
	1430-1520	C1 Athletes	HD 4-1	Duckett Aud	Citadel Summer PT	TAC TEAM
	1530-1550	C1 Athletes	Laundry Intro	Duckett Aud	Citadel Summer PT	Fall Sports Cadre Supply Sgt
	1600-1645	C1 Athletes	Weapon Card (Change to Leathers)	Jenkins Hall Armory	Citadel Summer PT	Fall Sports Cadre Cdr Supply SGT

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
<b>Tues 23 July [cont'd]</b>	1700-1745	C1 Athletes	Drill Period #3 (Change to Soft Shoe after Drill)	Law Barracks	Citadel Summer PT w/Leathers	Fall Sports Cadre Cdr
	1800-1850	C1 Athletes	Assembly/Inspection/March to Mess 1755: First Call for Mess 1800: Assembly 1803: Attention 1804: Retreat/Colors 1805: March to Mess	DFAC Downstairs	Citadel Summer PT	Fall Sports Cadre Cdr
	1900-1950	C1 Athletes	How To Wear DUTY Review	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr Squad Sgt
	2000-2200	C1 Athletes	TAC NCO time Include Weapons Care/Clean Laundry Bag Preparation	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2200-2300	C1 Athletes	Hygiene	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
<b>BLISTER CALL (TRAINING ROOM) EACH DAY IMMEDIATELY AFTER BREAKFAST</b>						
<b>Wed 24 July</b>	0530-0630	C1 Athletes	PT #2 0515- 1 <sup>st</sup> Call 0520: Assembly/ march to field 0530: PT Laundry Drop	Summerall Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	Law Barracks		
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 <sup>st</sup> Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	DUTY	Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	Law Barracks	DUTY	
	0830-0930	C1 Athletes	Military Organization	Duckett Aud	DUTY	LTC Sharp/TAC Team
	0930-1030	C1 Athletes	Honor 1	Duckett Aud	DUTY	Honor Cmte Rep
	1030-1220	C1 Athletes	Drill Period #4&5	Law Barracks	DUTY	Cdr/TAC NCO, SgtMaj
	1225-1315	C1 Athletes	Lunch Move directly to Coward Hall	DFAC Downstairs	DUTY	Fall Sports Cadre Cdr
	1330-1430	C1 Athletes	CPEP	Duckett Aud	DUTY	Coach Erin
	1430-1550	C1 Athletes	Customs & Courtesies	Duckett Aud	DUTY	TAC NCO
	1600-1650	C1 Athletes	TAC NCO Time	Duckett Aud	DUTY	TAC NCO
	1700-1745	C1 Athletes	Drill Period #6	Law Barracks	DUTY	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
<b>Wed 24 July [cont'd]</b>	1755-1845	C1 Athletes	Assembly/Inspection/March to Mess 1755: First Call for Mess 1800: Assembly 1803: Attention 1804: Retreat/Colors 1805: March to Mess	DFAC Downstairs	DUTY	Fall Sports Cadre Cdr
	1900-1920	C1 Athletes	<b>BANNER ON-LINE</b>	Barracks Rooms	Duty	Fall Sports Cadre Cdr
	1930-2000	C1 Athletes	<b>****TEACH ACCESS TO CANVAS****</b>	Barracks Rooms	Duty	Fall Sports Cadre Cdr
	2000-2200	C1 Athletes	TAC NCO time Review How to Wear OCPs Prepare Laundry Bag	Law Barracks	Citadel Summer PT	TAC NCOs
	2200-2300	C1 Athletes	Hygiene	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
<b>BLISTER CALL (TRAINING ROOM) EACH DAY IMMEDIATELY AFTER BREAKFAST</b>						
<b>Thurs 25 July</b>	0530-0630	C1 Athletes	PT #3 0515- 1 <sup>st</sup> Call 0520: Assembly/March to field 0530: PT <b>Laundry Drop</b>	Summerall Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	Law Barracks		Fall Sports Cadre Cdr
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 <sup>st</sup> Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	OCPs	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	Law Barracks	OCPs	Fall Sports Cadre Cdr/TACs
	0830-0950	C1 Athletes	Drill Period #7	Law Barracks	OCPs u/arms	Fall Sports Cadre Cdr
	1000-1045	C1 Athletes	FCS Class	Duckett Aud	OCPs	TAC TEAM
	1100-1145	C1 Athletes	FCS Review – ONLINE	Law Barracks	OCPs	Fall Sports Cadre Cdr
	1200-1300	C1 Athletes	Lunch Move directly to Coward Hall	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	1300-1350	C1 Athletes	FCS TEST – ONLINE	Law Barracks	OCPs	Fall Sport Cadre Cdr
	1400-1500	C1 Athletes	Honor 2	Duckett Aud	OCPs	Honor Cmte
	1500-1600	C1 Athletes	Chapel Services Overview	Duckett Aud	OCPs	Chaplain Meadows
	1600-1630	C1 Athletes	Open time	In transit	OCPs	TAC Team
	1630-1750	C1 Athletes	Drill Period #8	Law Barracks	OCPs u/arms	Fall Sports Cadre Cdr
	1755-1845	C1 Athletes	Assembly/Inspection/March to Mess 1755: First Call for Mess 1800: Assembly	DFAC Downstairs	OCPs	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
<b>Thurs 25 July [cont'd]</b>			1803: Attention 1804: Retreat/Colors 1805: March to Mess			
	1900-2200	C1 Athletes	TAC NCO time Prepare Laundry Bag	Law Barracks	Citadel Summer PT	TAC NCOs
	2200-2300	C1 Athletes	Hygiene	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
<b>BLISTER CALL (TRAINING ROOM) EACH DAY IMMEDIATELY AFTER BREAKFAST</b>						
<b>Fri 26 July</b>	0530-0630	C1 Athletes	PT #4 0515- 1 <sup>st</sup> Call 0520: Assembly/March to field 0530: PT <b>Laundry Drop</b>	Summerall Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	Law Barracks		Fall Sports Cadre Cdr
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 <sup>st</sup> Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	Law Barracks	Duty	Fall Sports Cadre Cdr/TACs
	0830-0950	C1 Athletes	Drill Period #9	Law Barracks	Duty u/arms	Fall Sports Cadre Cdr
	1000-1050	C1 Athletes	Citadel Library	Daniel Library	Duty	Library Staff
	1100-1130	C1 Athletes	Ombudsmen	Jenkins Aud	Duty	Lee Westberry, Shamus Gillen
	1130-1200	C1 Athletes	Cadet Activites	Jenkins Hall	Duty	SFC Rich
	1200-1320	C1 Athletes	Lunch with Coaches [Move directly to Coward Hall]	<b>Coward Hall Upstairs</b>	Duty	Citadel Athletics
	1330-1500	C1 Athletes	Student Success Center Orientation	Thompson Hall, Jenkins Hall Auditorium	Duty	Acd Support Staff
	1500-1630	C1 Athletes	ROTC Orientation	Jenkins Aud	Duty	ROTC Depts
	1630-1720	C1 Athletes	TAC NCO Time 2	Law Barracks	Duty	Fall Sports Cadre Cdr
	1725-1820	C1 Athletes	Assembly/Inspection/March to Mess 1725: First Call for Mess 1730: Assembly 1733: Attention 1734: Retreat/Colors 1735: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
	1830-2200	C1 Athletes	TAC NCO Time Prepare Laundry Bag	Law Barracks	Duty	Fall Sports Cadre Cdr
	2200-2300	C1 Athletes	Hygiene	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
<b>BLISTER CALL (TRAINING ROOM) EACH DAY IMMEDIATELY AFTER BREAKFAST</b>						
<b>Sat 27 July</b>	0530-0630	C1 Athletes	PT #5 0515- 1 <sup>st</sup> Call 0520: Assembly/March to Field 0530: PT <b>Laundry Drop.</b>	Summerall Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	Law Barracks		Fall Sports Cadre Cdr
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 <sup>st</sup> Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	Law Barracks	Duty	Fall Sports Cadre Cdr/TACs
	0830-0945	C1 Athletes	Drill Period #10	Law Barracks	Duty u/arms	Fall Sports Cadre Cdr
	1000-1100	C1 Athletes	Cadet Accountability	Duckett Aud	Duty	TAC Team
	1100-1200	C1 Athletes	Safety and Security Training	Duckett Aud	Duty	TAC Team/Ath Cad Cmdr
	1200-1300	C1 Athletes	Lunch Move directly to Coward Hall	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	1300-1430	C1 Athletes	CADIC Orientation/Chaplain	Duckett Aud	Duty	Mr. Modglin/Chaplain
	1430-1600	C1 Athletes	Title IX/CARE Orientation	Duckett Aud	Duty	Ms. Mercado
	1600-1700	C1 Athletes	Campus Tour	Campus	Duty	Fall Sports Cadre Cdr
	1700-1800	C1 Athletes	Assembly/Inspection/March to Mess 1725: First Call for Mess 1730: Assembly 1733: Attention 1734: Retreat/Colors 1735: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	1800-2200	C1 Athletes	TAC NCO Time Prepare Laundry Bag	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2200-2300	C1 Athletes	Hygiene/ Personal Time	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
<b>BLISTER CALL (TRAINING ROOM) EACH DAY IMMEDIATELY AFTER BREAKFAST</b>						
<b>Sun 28 July</b>	0630-0730	C1 Athletes	Personal Hygiene	Law Barracks		Fall Sports Cadre Cdr
	0715-0750	C1 Athletes	Breakfast: Family Style 0715: 1 <sup>st</sup> Call for Breakfast 0720: Assembly/ Inspection 0728: Attention 0729: Colors 0730: March to Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	Law Barracks	Duty	Fall Sports Cadre Cdr/TACs
	0830-0950	C1 Athletes	Chapel Religious Services- Optional <i>*C1 cadets NOT attending Chapel will have a recovery period in the barracks.</i> 0830-0850: Organize Religious groups and march to Chapel 0900: Services Begin	Chapel Law Barracks	Duty	Chaplain Meadows
	1000-1050	C1 Athletes	Chapel Orientation	Chapel	Duty	Chaplain Meadows
	1100-1150	C1 Athletes	Prepare for Evaluations Review How to Wear Summer Leave	Law Barracks	Duty	Fall Sports Cadre Cdr
	1155-1250	C1 Athletes	Assembly/Inspection/March to Lunch 1155: Mess Call 1200: Assembly/Inspection 1210: Mess	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
	1300-1650	C1 Athletes	CHALLENGE WEEK EVALUATIONS	Law Barracks	Duty Summer Leave	TAC TEAMS
	1655-1845	C1 Athletes	Assembly/Inspection/March to Mess 1655: First Call for Mess 1700: Assembly 1703: Attention 1704: Retreat/Colors 1705: March to Mess <b>1740: MOVE BACK TO BARRACKS CHANGE TO CITADEL PTS</b>	DFAC Downstairs	Duty	Fall Sports Cadre Cdr
<b>+++++</b>	<b>1800-2000</b>	<b>C1 Athletes</b>	<b>Coach's Time</b>	<b>As Directed</b>	<b>Citadel PT</b>	<b>Sports Medicine</b>
	<b>2000-2050</b>	<b>C1 Athletes</b>	<b>SNACK</b>	<b>As Directed</b>	<b>Citadel PT</b>	<b>Sports Medicine</b>
	2100-2130	C1 Athletes	TAC NCO Time Prepare Laundry Bag	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2200-2300	C1 Athletes	Hygiene/ Personal Time	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
	2300	C1 Athletes	Lights Out	Law Barracks	Citadel	Fall Sports Cadre Cdr

DAY/DATE	TIME	ORGANIZATION	SUBJECT	PLACE	UNIFORM	RESPONSIBILITY
					Summer PT	
<b>Mon 29 Jul</b>	0530-0630	C1 Athletes	CPFT 0515- 1 <sup>st</sup> Call 0520: Assembly/March to Willson Fld 0530: PT <b>Laundry Drop</b>	Willson Field	Citadel Summer PT	SgtMaj Yagle Coach Erin Fall Sports Cadre Cdr
	0640-0710	C1 Athletes	Personal Hygiene	Law Barracks		
	0715-0750	C1 Athletes	Breakfast: Family Style 0720: 1 <sup>st</sup> Call for Breakfast 0725: Assembly/Inspection 0733: Attention 0734: Colors 0735: March to Mess	DFAC Downstairs	OCPs	Fall Sports Cadre Cdr
	0800-0820	C1 Athletes	Standby MRI	Law Barracks	OCPs	Fall Sports Cadre Cdr
	0830-0945	C1 Athletes	Drill 11	Bond Hall Labs Bond 251 Bond 252 Bond 256	OCPs u/arms	IR Staff
	1000-1050	C1 Athletes	Rifle Turn-in	JH Armory	OCPs	Fall Sports Cadre Cdr
	1100-1045	C1 Athletes	CAS Training	Jenkins Aud	OCPs	TAC Team/Ath Cd Cmdr
<b>+++++</b>	1200-1250	C1 Athletes	<b>March directly to Lunch*** (Meals @ Team Mess begin)</b>	<b>DFAC Upstairs</b>	OCPs	Fall Sports Cadre Cdr
	1300-1430	C1 Athletes	Post Assessment Counseling	Law Barracks	OCPs	Squad Leaders
	1430-1515	C1 Athletes	Cadet Discipline System	Duckett Hall	OCPs	COL Hutson/TAC Team
	1515-1600	C1 Athletes	CARE	Duckett Hall	OCPs	Dr. Gilmore
	1600-1650	C1 Athletes	White Book/Blue Book Study & Test	Online/Law Barracks	OCPs	Fall Sport Cadre
	1650-1740	C1 Athletes	<b>Dinner March directly to Coward Hall</b>	<b>DFAC Upstairs</b>	OCPs	Fall Sports Cadre Cdr
	1745-1800	C1 Athletes	Change to Citadel Summer PTs	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr
<b>+++++</b>	1800-1950	C1 Athletes	<b>COACHES TIME</b>	<b>TBD</b>	Citadel Summer PT	Fall Sports Cadre Cdr
	2000-2050	C1 Athletes	Snacks	DFAC Upstairs		Fall Sports Cadre Cdr
	2100-2200	C1 Athletes	Personal Hygiene	Law Barracks		Fall Sports Cadre Cdr
	2200	C1 Athletes	Lights Out	Law Barracks	Citadel Summer PT	Fall Sports Cadre Cdr