

CURRICULUM VITA

Guy Ilagan, PhD.

- *Licensed Professional Counselor Supervisor (LPCS)*
- *Licensed Professional Counselor (LPC)*
- *National Board Certified Counselor (NCC)*

Zucker Family School of Education - The Citadel

171 Moultrie Street - Charleston, SC 29409 (US)

Phone: 843-693-9269, gilagan@citadel.edu

EDUCATION:

Clemson University Ph.D. *Educational Leadership*

Dissertation:

EXAMINING CLIENT MOTIVATION AND COUNSELING
OUTCOME IN A UNIVERSITY MENTAL HEALTH CLINIC

The Citadel M.Ed. *Clinical Counseling*

College of Charleston B.S. *Psychology*

FACULTY APPOINTMENTS

May 2024
To present The Citadel – Zucker Family School of Education
Division of Counselor Education (CACREP)
Professor

May 2018
to May, 2024 The Citadel – Zucker Family School of Education
Division of Counselor Education (CACREP)
Associate Professor

August 2012
to May 2018 The Citadel – Zucker Family School of Education
Division of Counselor Education (CACREP)
Assistant professor

July 2011 to
August 2012 Strayer University - Onsite Programs (Verizon Wireless campuses)
Associate Regional Dean, South Area

- Recruited, trained, and supervised nine (9) academic deans for corporate campuses (Verizon Wireless)
 - Maintained academic quality and corporate partner satisfaction
- January 2011
To July 2012
- Strayer University - Onsite Programs (Verizon Wireless campuses)
Associate Program Dean
- Coordinated courses and programs for corporate site professionals
 - Recruited, hired, and provided leadership for seven (7) professors across the southeast.
- August 1996
To 2011
- Trident Technical College – Main Campus. Charleston, SC
Adjunct Instructor (Abnormal Psychology)

OTHER POSITIONS AND EMPLOYMENT/

CLINICAL MENTAL HEALTH EXPERIENCE:

- November 1994
to 2013
- Private Counseling Practice, Part-time
Counselor, Clinical Supervisor
- Supervise counselors for state licensure
 - Conduct clinical consultation for local mental health professionals
 - Provide counseling to couples and individuals
- November 2008
to Dec 2010
- College of Charleston Counseling and Substance Abuse Services
Associate Director
- Provided leadership for:**
- Mental Health Services
 - Campus Health Education
 - Interventions for campus populations at risk of non-persistence
 - Federal wellness program grants (Primary Investigator)
- Supervised (8-10):**
- Mental health counselors
 - Health Educators
 - Substance Abuse Prevention and Enforcement Coordinator
 - Campus/Community Substance Abuse Prevention Coordinator
 - Graduate Interns
- January 2006 to
November 2008
- College of Charleston Counseling and Substance Abuse Services
Associate Director for Alcohol and Other Drug Concerns

- Provided leadership for:**
- Utilizing brief counseling models for an array of client concerns

- Harm-reduction strategies to reduce high-risk substance use

Supervised:

- Substance Abuse Prevention and Enforcement Coordinator
- Graduate Assistants/Graduate Interns/Practicum students

April 2002 to
January 2006

College of Charleston Counseling and Substance Abuse Services
Substance Abuse Services Coordinator

Supervised:

- Substance Abuse Prevention and Enforcement Coordinator
- Clinical Counselors
- Counseling Interns and Graduate Assistants
- Undergraduate Peer Health Educators

Accomplishments:

- Co-created peer counseling program
- Developed Campus Action Team
- Maintained an active peer education program

September 2001
to April 2002

College of Charleston - Counseling and Substance Abuse Services
Substance Abuse Counselor, Part-Time

- Provided personal counseling to students
- Served as interim substance abuse services coordinator

**January 2001
to July 2001**

Completed an end-to-end hike of the 2186-mile Appalachian Trail

June 1995 to
August 2000

Trident Technical College, Student Affairs
Counselor

- Provided personal and career counseling
- Supervised graduate interns
- Coordinated counseling referral system

November 1993
to May 1995

Carolina Youth Development, Horizon House Clinical Day Program
Clinical Counselor

- Implemented a multi-systemic counseling approach for students and their families

January 1991 to
November 1993

The Kennedy Center - Berkeley County Commission on AOD Abuse
Treatment Counselor

- Provided individual, family, group, and multiple family therapy
- Coordinated outpatient treatment services for criminal offenders

May 1990 to
January 1991

Medical University of South Carolina, Institute of Psychiatry
Research Assistant for Executive Medical Director

- Conducted research studies on depression and schizophrenia

May 1989 to
May 1990

Medical University of South Carolina, Institute of Psychiatry
Therapeutic Assistant

- Functioned as a treatment team member to assess, plan, and implement care to patients with severe psychiatric disorder

AWARDS

2024	Faculty Excellence in Service Award, The Citadel
2024	American Counseling Association (ACA) Leadership Award for branch presidency
2022	Zucker Family School of Education Excellence in Teaching Award
2019	Sabbatical: Suicide prevention training and resources - Belize
2007	ADDY Award for College of Charleston wellness program marketing materials
2006	Prevention Excellence Award, Outside the Classroom
1990	M.U.S.C. Psychiatry Clinical Excellence Award

PROFESSIONAL ORGANIZATIONS

South Carolina Counseling Association (SCCA), *President*
 South Carolina Counseling Association (SCCA), *Executive Board*
 American School Counselor Association (ASCA)
 American Counseling Association (ACA)
 Palmetto State School Counselor Association (PSSCA)

TEACHING OVERVIEW

Courses Taught

- Social and Emotional learning (part of Micro-Credential in Equity and Access)
- Basic Counseling Skills
- Counseling Theories and Practice
- Assessment of Abnormal Behavior
- Group Counseling Skills
- Student Development Services
- School Counseling Practicum
- School Counseling Internship I and II
- Higher Education Leadership Practicum
- Higher Education Leadership Internship
- Leadership in Higher Education
- Student Development Theories
- Social Psychology
- Introductory Psychology
- Introductory Sociology
- Sociology of Developing Countries
- Philosophy and Religion
- Abnormal Psychology
- Freshman Seminar

SCHOLARLY AND PROFESSIONAL ACTIVITIES

PUBLICATIONS

BOOKS

Ilagan, G., Ilagan, J., Anderson, C., Bennett, J., Hoyt, K., Holland, D. (2023). A facilitators guide for basic and intermediate suicide prevention trainings (manuscript in preparation).

PEER-REVIEWED PUBLICATIONS

Ilagan, G., Shealy, T., Manzur, M., Jocius, R., Ilagan, J., St. Bernard, O. and Middleton, L. (manuscript in preparation). Burnout and compassion fatigue among social workers, counselors, and educators in Belize.

Ilagan, G., Ilagan, J., Jocius, R., Harmon, L., and Gilmore, G. (under review). The first 10 weeks of the COVID-19 school closures: Concerns and successes reported by school counselors. *Research in the Schools*.

Ilagan, G., Shealy, T., Jocius, R., Ilagan, J., Manzur, M., Gilmore, G., and Mather, C. (2023). Self-Efficacy among educators, counselors and social workers in Belize. *Caribbean Journal of Psychology*, 15(2), 33-67.

Ilagan, G., Ilagan, J., Jocius, R., Simpson, A., Holland, D., and Hoyt, K. (2022). Collaborative suicide prevention trainings in Belize. *Caribbean Journal of Psychology*, 14(1), 71-97.

Ilagan, G., Ilagan, J., Jocius, R., Hornor, T., Shealy, T., Simpson, A., Cavaliere, Pollen, B., and Brooks, J., (2022). Backpacking veterans: Exploring sense of belonging,

happiness, and stress-coping. *Journal of Outdoor Recreation, Education, and Leadership*, 14(4), 36-54.

Ilagan, G., Ilagan, J., Jocius, R., Jefferson R., Bennett-Mintz, J., McCormick K., and Farrell, M. (2019). Happiness outcomes among cadet women backpackers. *Journal of Adventure Education and Outdoor Learning*, 9, 285-297.

Ilagan, G., Ilagan, J., Simpson, A., Shealy, T., Mintz, J., and McCormick, K. (2016). Outcomes from an Undergraduate Cadet Women's Backpacking Experience. *Research in Outdoor Education*, 14, 21-40.

Ilagan, G., Vinson, M., Sharp, J. L., Ilagan, J., and Oberman, A. (2015). Exploring Outcomes and Initial Self-report of Client Motivation in a College Counseling Center. *Journal of American College Health*, 63(3), 187-194.

Ilagan, G., Vinson, M., Sharp, J. L., Havice, P., and Ilagan, J. (2014). Trainees versus staff: Exploring counseling outcomes in a college counseling center. *Journal of College Student Psychotherapy*. 28(3), 229-240.

Havice, P.A., Havice, W. L., Cawthon, T. W., and **Ilagan, G.** (2009). *Using desktop videoconferencing to promote collaboration and graduate student success: A virtual advising system*. *The Mentor: An Academic Advising Journal*. 12(1).

DISSERTATION

Ilagan, G. (2010). Examining client motivation and counseling outcome in a university mental health clinic. Available from Dissertations and Theses: Full Text. (Publication No. AAT 3389249).

PRESENTATIONS AT CONFERENCES AND PROFESSIONAL MEETINGS

PEER-REVIEWED INTERNATIONAL/NATIONAL

Manzur, M., and St. Bernard, O., and **Ilagan, G.**, (2023). *Six Years of Collaboration in Belize: Successes, Challenges, and Outcomes*. Keynote address at National Board of Certified Counselors (NBCC) 2023 Global Capacity Building Conference (International).

Ilagan, G. (2022). *Backpacking veterans: Bolstering sense of belonging, happiness, and stress-coping*. 15th Biennial Coalition for Education in the Outdoors (CEO) Research Symposium (International). Black Mountain, NC.

Ilagan, G., Manzur, M., and St. Bernard, O. (2022). *Bolstering skill development and self-efficacy among counselors in Belize*. 2022 Mental Health Connections: Building a Global Counseling Community. National Board of Certified

Counselors (NBCC) Global Capacity Building Conference (International).
Virtual.

Ilagan, G., Aird, C. E., and St. Bernard, O. (2021). *Establishing collaborative suicide prevention trainings in Belize*. 2021 National Board of Certified Counselors (NBCC) Global Capacity Building Conference (International). Virtual.

Ilagan, G., (2021). *Happiness Outcomes Among Cadet Women Backpackers*. The Association for Experiential Education, 49th Annual International Conference. Virtual.

Ilagan, G., Ilagan, J., and McCormick, K. (2017). *Backpacking and coping skills among women at a military college*. 30th Annual International Conference on Outdoor Leadership (ICOL). Jackson Hole, WY.

Ilagan, G., and Ilagan, J. (2016). *Are Counseling Center Interns Effective?* 2016 ACPA - College Student Educators International - Annual Convention. Montréal, Québec, Canada.

Ilagan, G., and Ilagan, J. (2014). *Trainees versus staff: Treatment outcomes from a college counseling center*. American College Counseling Association Conference, San Antonio, TX

Ilagan, G. (2003). Poster presentation of model prevention marketing campaign Department of Justice – Enforcing Underage Drinking Laws National Conference. Atlanta, GA

Ilagan, G. (2000). *Team building*. National Conference for Student Development in the Two-Year College. Charleston, SC

Ilagan, G. (1999). *Walking clients through the maze: Key therapeutic skills for career development professionals*. International Career Development Conference. San Diego, CA

PEER-REVIEWED STATE/REGIONAL

Ilagan, G., Noda, C., Barnett, J., (2024). Promoting therapeutic alliance via advanced attending skills. South Carolina Counseling Association (SCCA) 60th Annual Conference. Myrtle Beach, SC.

King, A., Napier, A., Ilagan, J., and **Ilagan, G.** (2023). *Let's play outside!* Three-hour post-conference session. South Carolina Counseling Association (SCCA) 59th Annual Conference. Hilton Head, SC.

- Cox, C. and **Ilgan, G.** (2023). *Trauma-informed care anywhere: Implementing trauma-practices across school and clinical settings*. Three-hour pre-conference session. South Carolina Counseling Association (SCCA) 59th Annual Conference. Hilton Head, SC.
- Ilgan, G.**, Badger, C. Dixon, A., and Paylor, J. (2022). *Recognizing and Addressing Racial Bias in School Counseling: Strategies for clinical and school counselors*. Pre-conference session at the 58th Annual South Carolina Counseling Association (SCCA) Conference. Hilton Head, SC.
- Ilgan, G.**, Ilagan, J., Webb, T., Collins, J., Singleton, N., and Brister, V. (2020). *Updates in Suicide Assessment*. 2020 Palmetto State School Counselor Association Conference. Myrtle Beach, SC.
- Ilgan, G.**, Thickens, E., and Berk, A. (2018). *Voices in the wilderness: Empowering undergraduate cadet women through outdoor experience*. South Carolina College Personnel Association Conference (SCCPA), "We the People, Facing a Climate of Change on Campus". Lowcountry Graduate Center, Charleston, SC
- Ilgan, G.**, Elder, B. and Irick, L. (2016). *A Powerful Primer: Narrative Therapy and Motivational Interviewing*. 2016 Palmetto State School Counselor Association Conference. Myrtle Beach, SC.
- Ilgan, G.**, Brown-Cotton, T., Thomas, T., and Jaeger-Meyer, R. (2016). *A Refreshing Refresher: Narrative Therapy and Motivational Interviewing (I and II)*. South Carolina Counseling Association, 52nd Annual Conference. Hilton Head, SC.
- Ilgan, G.**, and Neff, S. (2014). *Interns versus professional staff: comparing counseling outcomes in a college mental health clinic*. South Carolina Counseling Association, 50th Annual Conference. Hilton Head, SC.
- Ilgan, G.**, Ilagan, J., Bernotski, V., and Parkinson, L. (2014). *Advanced stress-coping skills: An experiential demonstration of three post-modern approaches*. South Carolina Counseling Association, 50th Annual Conference. Hilton Head.
- Ilgan, G.**, and Ilagan, D. (2014). *Advanced stress-coping strategies for innovative educators*. The fourth annual Charleston Educator Symposium – Charleston County School District (CCSD). Charleston, SC
- Ilgan, G.**, Bernotski, V., and Ilagan, J. (2013). *A new look at bolstering students' stress-coping strategies*. South Carolina College Personnel Association /North Carolina College Personnel Association Conference, "Reinventing the Carolinas". Wake Forest University, NC
- Ilgan, G.**, Ilagan, D., and McKenzie, S. (2013). *Client motivation level as a*

predictor of counseling outcome in a university setting. South Carolina Counseling Association, 49th Annual Conference. Hilton Head, SC

Ilagan, G. (2013). *Managing high demand in university counseling centers: An overview of recent findings, including a controversial possibility.* Georgia College Counseling Association, 20th Annual Conference. St. Simons Island, GA.

Ilagan, G., and Ilagan, D. (2012). No teacher left behind – Battling teacher burnout. Second Annual Charleston Educator Symposium – Charleston County School District (CCSD). Charleston, SC

1996 to 2012 Removed for brevity

BY INVITATION OR VOLUNTEER

Ilagan, G., St. Bernard, O., Manzur, M., Galloway, K. (2024). *Facilitator training for suicide assessment and safety planning.* A five-day train the trainer event sponsored by Ministry of Human Development, Families, and Indigenous People's Affairs (Government of Belize). Belize City.

Ilagan, G. (2024). *Mitigating secondary traumatic stress among counselors.* South Carolina Counseling Association (SCCA) 60th Annual Conference. Myrtle Beach, SC.

Ilagan, G. (2024). *Mitigating secondary traumatic stress among school counselors.* Professional development training for Beaufort County School District school counselors. Blufton, SC.

Manzur, M., and **Ilagan, G.** (2023). *Advanced self-care for helpers.* Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.

Manzur, M., and **Ilagan, G.** (2023). *Solution-Focused Brief Therapy (S-FBT).* Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.

Manzur, M., and **Ilagan, G.** (2023). *Psychological first aid skills.* Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based

Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.

Manzur, M., and **Ilgan, G.** (2023). *Trauma awareness and empathy: Recognizing trauma and psychological concern in students' problematic behavior*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.

Manzur, M., and **Ilgan, G.** (2023). *Best practices in teletherapy*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.

Manzur, M., and **Ilgan, G.** (2023). *Emotional Intelligence - Primary skills for helpers*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.

Manzur, M., and **Ilgan, G.** (2023). *Burnout recovery strategies for professional helpers*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.

Manzur, M., and **Ilgan, G.** (2023). *Trauma interventions for children, and adults*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.

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- Manzur, M., and **Ilagan, G.** (2023). *Solution-Focused Brief Therapy (S-FBT)*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.
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- Manzur, M., and **Ilagan, G.** (2023). *Advanced self-care for helpers*. Galen University and Ministry of Human Development, Families, and Indigenous People's

Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.

Manzur, M., and **Ilgan, G.** (2023). *Solution-Focused Brief Therapy (S-FBT)*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2023 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.

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Manzur, M., and **Ilgan, G.** (2023). *Emotional Intelligence - Primary skills for helpers*. Galen University and Ministry of Human Development, Families, and Indigenous People's Affairs Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.

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- Ilagan, G.** (2023). *Racial Bias in Mental Health Care*. South Carolina Occupational Therapists Association (SCOTA) Mental Health Panel, Virtual.
- Ilagan, G.** (2023). *Emotional Intelligence: Primary skills for school counselors*. Professional development training for Beaufort County School District school counselors, virtual.
- Ilagan, G.** (2023). *Happy trails: The mental health effects of outdoor experience*. Keynote address. South Carolina Counseling Association (SCCA) 59th Annual Conference. Hilton Head, SC.
- Ilagan, G.** (2023). *Burnout recovery strategies for school counselors*. Beaufort County School District School Counselors - Professional Development Day. Blufton, SC.
- Ilagan, G.** (2022). *Recognizing and addressing trauma in our p-12 schools*. South Carolina Counseling Association (SCCA) – Summer 2022 Virtual Continuing Education Workshop Series.
- Ilagan, G., and Manzur, M.** (2022). *Advanced self-care for helpers*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G., and Manzur, M.** (2022). *Solution-Focused Brief Therapy (S-FBT)*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G., and Manzur, M.** (2022). *Psychological first aid skills*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G., and Manzur, M.** (2022). *Trauma awareness and empathy: Recognizing trauma and psychological concern in students' problematic behavior*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G., and Manzur, M.** (2022). *Best practices in teletherapy*. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.

- Ilagan, G., and Manzur, M. (2022).** *Emotional Intelligence - Primary skills for helpers.* Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G., and Manzur, M. (2022).** *Burnout recovery strategies for professional helpers.* Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G., and Manzur, M. (2022).** *Trauma interventions for children.* Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G., and Manzur, M. (2022).** *Trauma interventions for adolescents and adults.* Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Muffles College High School, Orange Walk, Belize.
- Ilagan, G., and Manzur, M. (2022).** *Advanced self-care for helpers.* Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.
- Ilagan, G., and Manzur, M. (2022).** *Solution-Focused Brief Therapy (S-FBT)* Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.
- Ilagan, G., and Manzur, M. (2022).** *Psychological first aid skills.* Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.
- Ilagan, G., and Manzur, M. (2022).** *Trauma awareness and empathy: Recognizing trauma and psychological concern in students' problematic behavior.* Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.
- Ilagan, G., and Manzur, M. (2022).** *Best practices in teletherapy.* Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.

- Ilagan, G., and Manzur, M. (2022).** Emotional Intelligence - Primary skills for helpers. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.
- Ilagan, G., and Manzur, M. (2022).** Burnout recovery strategies for professional helpers. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.
- Ilagan, G., and Manzur, M. (2022).** Trauma interventions for children. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Belize Institute of Management, Belize City, Belize.
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- Ilagan, G., and Manzur, M. (2022).** Advanced self-care for helpers. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.
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- Ilagan, G., and Manzur, M. (2022).** Emotional Intelligence - Primary skills for helpers. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Sacred Heart College, Dangriga, Belize.
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- Ilagan, G., and Manzur, M. (2022).** Advanced self-care for helpers. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G., and Manzur, M. (2022).** Solution-Focused Brief Therapy (S-FBT). Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G., and Manzur, M. (2022).** Psychological first aid skills. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G., Manzur, M., and Montoya, D. (2022).** Trauma awareness and empathy: Recognizing trauma and psychological concern in students' problematic behavior. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G., and Manzur, M. (2022).** Best practices in teletherapy. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.

- Ilagan, G.,** and Manzur, M. (2022). Emotional Intelligence - Primary skills for helpers. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G.,** Manzur, M., and Montoya, D. (2022), Burnout recovery strategies for professional helpers. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G.,** and Manzur, M. (2022). Trauma interventions for children. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G.,** and Manzur, M. (2022). Trauma interventions for adolescents and adults. Galen University Summer 2022 Conference on Trauma-Informed and Strength-Based Counseling Strategies for Counselors, Educators, and Social Workers. Galen University, San Ignacio, Belize.
- Ilagan, G.** (2022). Play Outside: Findings from Student Backpacking Research. Keynote Address at NASPA Region III Conference, Coastal Carolina University. Conway, SC
- Ilagan, G.** (2022). *Racial Bias Against African Americans in School Counseling*. Professional Development Series for Beaufort County School District – Virtual
- Ilagan, G.** (2022). *Motivational Interviewing for School Counselors*. Professional Development Series for Beaufort County School District – Virtual
- Ilagan, G.** (2022). *Solution-Focused Brief Therapy for School Counselors*. Professional Development Series for Beaufort County School District – Virtual
- Ilagan, G.** (2022). *Best Practices in Suicide Prevention*. Professional Development Series for Beaufort County School District – Beaufort, SC.
- Ilagan, G.** (2022). *School Counseling and Data Collection*. Professional Development Series for Beaufort County School District – Beaufort, SC
- Cox, C., Borderlon, A., **Ilagan, G.** (2021). *Counseling In the LGBTQ+ Community*. South Carolina Counseling Association – Virtual CE Workshops.
- Ilagan, G.,** (2021). *Ethical Codes and Racial Bias*. South Carolina Counseling Association – Virtual CE Workshops.

- Ilagan, G.** and Bennett, J. (2018). *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Muffles College High School, Orange Walk, Belize.
- Ilagan, G.** and Bennett, J. (2018). *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Belize Institute of Management, Belize City, Belize.
- Ilagan, G.** and Hoyt, K. (2018). *Suicide Prevention – Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Belize Institute of Management, Belize City, Belize.
- Ilagan, G.** and Ilagan J. (2018). *Suicide Prevention – Basic Workshop* (Two-day workshop for community social service workers including, counselors, teachers, police, and social workers). Muffles College High School, Orange Walk, Belize.
- Ilagan, G.** and Ilagan J. (2018). *Suicide Prevention – Basic Workshop* (Two-day workshop for community social service workers including counselors, teachers, police, and social workers). Centro Escolar Mexico Junior College, Corozal, Belize.
- Ilagan, G.** and Ilagan J. (2018). *Suicide Prevention – Basic Workshop* (Two-day workshop for community social service workers including counselors, teachers, police, and social workers). Toledo Institute for Development and Environment, Punta Gorda, Belize.
- Ilagan, G.,** Ilagan J., and Hoyt, K. (2018). *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Sacred Heart College, Dangriga, Belize.
- Ilagan, G.,** Ilagan J., and Hoyt, K. (2018). *Suicide Prevention - Intermediate* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Galen University, San Ignacio, Belize.
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- Ilagan, G.,** Ilagan J., and Hoyt, K. (2017). *Suicide Prevention - Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Sacred Heart College, Dangriga, Belize.
- Ilagan, G.,** Ilagan J., Hoyt, K. (2017). *Suicide Prevention -Basic Workshop* (Two-day workshop for community youth workers including counselors, teachers, police, and social workers). Galen University, San Ignacio, Belize.

- Ilagan, G.,** Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2017). *Cadet women's backpacking trip*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). Panthertown Valley, NC.
- Ilagan, G.,** Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2015). *Cadet women's backpacking trip*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). Foothills Trail, SC/NC.
- Ilagan, G.,** Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking trip*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). Foothills Trail, SC/NC.
- Ilagan, G.,** Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking workshop series: Food water and cooking*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.
- Ilagan, G.,** Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking workshop series: Safety, comfort and troubleshooting*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.
- Ilagan, G.,** Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking workshop series: Safety, comfort and troubleshooting*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.
- Ilagan, G.,** Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking workshop series: Locations and logistics*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.
- Ilagan, G.,** Ilagan, J., Bouton, H., Bennett-Mintz, J., and McCormick, K. (2014). *Cadet women's backpacking workshop series: Overview and final preparations*. Collaboration with The Citadel's Intramural, Club and Recreational Athletics (ICRA). The Citadel, SC.
- Ilagan, G.** (2011). *Stress-coping strategies for leaders*. Corporate training for Verizon Wireless supervisors. Verizon Wireless Call Center --Charleston, SC
- Ilagan, G.** (2011). *Brief motivational strategies for college students* Pastoral Care and Counseling Symposium - Charleston, SC
- Ilagan, G.** (2011). *Brief motivational strategies: Helping clients address tough habits*. Helping Professionals Network – Charleston, SC

- Ilagan, G.** (2011). *Pursuing work and life balance*. Corporate training for the Director and Associate Directors. Verizon Wireless Call Center --Charleston, SC
- Ilagan, G.** (2011). *Mental rehearsal for optimal performance*. Presented to a women's sports team. Charleston, SC
- Ilagan, G.** (2010). *Staying on track with your clients' change-readiness*. Workshop for Tri-County Counseling Association, North Charleston, SC
- Ilagan, G.** (2010). *Teambuilding, stress coping, and transforming your job*. Staff Retreat for Student Support Services - Trident Technical College Embassy Suites, North Charleston, SC
- Ilagan, G.** (2010). *Outdoor experiential team building retreat for women's sports team*. Three-day guided backpacking trek. Foothills Trail, SC
- Ilagan, G.** (2010). *Advanced outdoor leadership retreat for women's sports team*. Three-day camping trip with guided canyoneering trek. Bonas Defeat Gorge, NC
- Ilagan, G.** (2010). *Introductory training in motivational interviewing*. Workshop for Athletic Training Students, Charleston SC

1996 to 2009 Removed for brevity

GRANTS

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|------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2024 | Faculty Summer Provost Research Grant (SuPR). Project: Outcomes from a train the trainer event on suicide risk assessment and safety planning in Belize |
| 2023 | Faculty Summer Provost Research Grant (SuPR). Project: Clinical and self-care skills training: Burnout mitigation among counselors and educators in Belize. |
| 2022 | Faculty Summer Provost Research Grant (SuPR). Project: Bolstering Students' Mental Health via Suicide Prevention Workshops in Belize. |
| 2021 | Mini-grant research funding from Dean of Zucker Family School of Education. Project: Backpacking Veterans: Bolstering Sense of Belonging, Happiness, and Stress-coping. |
| 2018 | The Consortium for Belize Educational Cooperation (COBEC). Funding awarded for Suicide Prevention Trainings in Belize. |

- 2017 The Consortium for Belize Educational Cooperation (COBEC). Funding awarded for Suicide Prevention Trainings in Belize.
- 2008 – 2011 Office of Juvenile Justice and Delinquency Prevention
Enforcing Underage Drinking Laws Discretionary Program:
University/College Initiative
- 2004/2005 Enforcing Underage Drinking Laws grant
Project: *Better Things to Do*
- 2003/2004 Enforcing Underage Drinking Laws grant
“SC Model Program”
Project: *Better Things to Do*
- 2002/2003 Enforcing Underage Drinking Laws grant
Project: *Better Things to Do*

WORKSHOPS AND PROFESSIONAL DEVELOPMENT ACTIVITIES ATTENDED

- 2/25/2023 Culture-Centered Counseling – Gullah Heritage in the Lowcountry. 2023 South Carolina Counseling Association (SCCA) Conference. A lecture given by Dr. Emory S. Campbell, President of Gullah Heritage Consulting Services.
- 1/3/2023 Hazard Communication: Right to Understand (GHS) (Full Course), Vector Solutions, Citadel Human Resources.
- 1/3/2023 FERPA: Confidentiality of Records (Full Course), Vector Solutions, Citadel Human Resources.
- 1/3/2023 Discrimination Awareness in the Workplace (Full Course), Vector Solutions, Citadel Human Resources.
- 1/3/2023 Camps on Campus: Keeping Minors Safe (Full Course), Vector Solutions, Citadel Human Resources.
- 2/18/2022 The Journey to Artistry and Solace: Finding your Muse. 2023 South Carolina Counseling Association (SCCA) Conference. A lecture given by Dr. Kent Butler, President of the American Counseling Association (ACA).
- 2/10/2022 Indigenous Storytelling, Cherokee Traditional Ecological Knowledge, and Place-based Education. Conference: Coalition for Education in the Outdoors. 15th Biennial Research Symposium. A lecture by Rosemary A. Kinch, Andrew J. Bobilya, Brad Daniel, and Sara Duncan.
- 1/4/2022 Security Awareness Training, Vector Solutions, Citadel Human Resources.

- 11/4/2020 Best Practices in Assessments, Center for Excellence and Innovation in Teaching, Learning and Distance Education, Charleston, SC, United States.
- 11/4/2020 Best Practices in Teaching Online, Center for Excellence and Innovation in Teaching, Learning and Distance Education, Charleston, SC, United States.
- 9/1/2020 Addressing Controversial Issues, National Coalition Building Institute (NCBI)The, Charleston, SC, United States.
- 6/14/2020 Live Streaming (Canvas/Zoom/SWIVL) Training, Center for Excellence and Innovation in Teaching, Learning and Distance Education, Charleston, SC, United States.
- 7/19/2018 *Racial Equity Institute*. Lowcountry Graduate Center. Charleston, SC.
- 1/23/2014 *National Coalition Building Institute (NCBI) Train the Trainer*. The Citadel, SC
- 1/22/2013 *Online teaching faculty academy (two months course)* The Citadel, SC
- 10/1/2012 *Stewards of Children Training (Darkness to light)*. The Citadel, SC
- 5/4-5/2010 *Advanced Level Motivational Interviewing Training* Richmond, VA

1991 to 2009 Removed for brevity

LICENSURE and CERTIFICATIONS

- 1997 to Present SC Licensed Professional Counselor Supervisor #2645
- 1994 to Present National Board Certified Counselor #37539
- 1993 to Present SC Licensed Professional Counselor #2090

SERVICE TO THE COLLEGE, SCHOOLS, AND DEPARTMENT

SERVICE TO COLLEGE

Standing college-wide Committees

- Faculty Governance (2021 - present)
- Diversity, Equity, and Inclusion Council (2018-2021)
- Faculty Athletic Advising Committee (2014 - 2019)

- Global Initiatives Committee (Chair for 2 years) (2014 - 2018)
- Graduate Council (2014 - 2016)

College-wide task force

- The President's Task Force for Race, Diversity, and Inclusion (2021 – 2022)

Other service to the College

- CEITL&DE Faculty Fellow Mentor (2023 – present)
- National Coalition Building Institute – Co-facilitated 16 full-day diversity (prejudice reduction) workshops (2013 – 2020)
- Facilitator and backpacking Guide for veteran students. Co-developed and co-facilitated 2 backpacking trips and training materials for veteran students (2021 – 2022).
- Facilitator and backpacking Guide for Intramural, Club and Recreational Athletics (ICRA). Co-developed and co-facilitated three backpacking trips and multiple workshops for cadet women (2014 – 2021)
- Guest speaker, PMGT 671 - Project Manager Leadership Development (2021-2023).

SERVICE TO SCHOOL AND/OR DEPARTMENT

Departmental/School standing committees/Programs

- Coordinate National Counselor Examination (NCE)(2013 – present)
- Advisor for Tricounty Cohort (2022 – present)
- Chair - Education Tenure and Promotion Committee (ETPC) (2020 - 2022)
- Continuous Improvement Committee (2021- 2023)
- CACREP re-accreditation team member (2012 – present)
- Active collaborator for success of Beaufort cohorts (2020 – 2023)

SERVICE TO STUDENTS

- Faculty advisor for Chi Sigma Alpha - Student Affairs Honor Society (2012 – 2020)
- **Research manuscripts with students (students indicated with asterisk)**
 - **Ilagan, G.**, Ilagan, J., Jocius, R., Shealy, T., Gilmore, G., *Manzur, and M. *Mather C. (2023). Trauma-informed and strength-based counseling strategies for counselors, educators, and social workers in Belize.
 - **Ilagan, G.**, Ilagan, J., Jocius, R., Hornor, T., *Shealy, T., Simpson, A., Cavaliere, *Pollen, B., and *Brooks, J., (2022). Backpacking veterans: Exploring sense of belonging, happiness, and stress-coping. *Journal of Outdoor Recreation, Education, and Leadership*, 14(4), 36-54.

- **Ilagan, G.**, Ilagan, J., Jocius, R., Jefferson R., Bennett-Mintz, J., McCormick K., and *Farrell, M. (2019). Happiness outcomes among cadet women backpackers. *Journal of Adventure Education and Outdoor Learning*, 9, 285-297.
- **Co-presenting with students at conferences**
 - King, A., Napier, A., Ilagan, J., and **Ilagan, G.** (2023). *Let's play outside!* Three-hour post-conference session. South Carolina Counseling Association (SCCA) 59th Annual Conference. Hilton Head, SC.
 - **Ilagan, G.**, Badger, C. Dixon, A., and Paylor, J. (2022). *Recognizing and Addressing Racial Bias in School Counseling: Strategies for clinical and school counselors*. Pre-conference session at the 58th Annual South Carolina Counseling Association (SCCA) Conference. Hilton Head, SC.
 - **Ilagan, G.**, Ilagan, J., Webb, T., Collins, J., Singleton, N., and Brister, V. (2020). *Updates in Suicide Assessment*. 2020 Palmetto State School Counselor Association Conference. Myrtle Beach, SC.
 - **Ilagan, G.**, Thickens, E., and Berk, A. (2018). *Voices in the wilderness: Empowering undergraduate cadet women through outdoor experience*. South Carolina College Personnel Association Conference (SCCPA), "We the People, Facing a Climate of Change on Campus". Lowcountry Graduate Center, Charleston, SC
 - **Ilagan, G.**, Elder, B. and Irick, L. (2016). *A Powerful Primer: Narrative Therapy and Motivational Interviewing*. 2016 Palmetto State School Counselor Association Conference. Myrtle Beach, SC.
 - **Ilagan, G.**, Brown-Cotton, T., Thomas, T., and Jaeger-Meyer, R. (2016). *A Refreshing Refresher: Narrative Therapy and Motivational Interviewing (I and II)*. South Carolina Counseling Association, 52nd Annual Conference. Hilton Head, SC.
 - **Ilagan, G.**, and Neff, S. (2014). *Interns versus professional staff: comparing counseling outcomes in a college mental health clinic*. South Carolina Counseling Association, 50th Annual Conference. Hilton Head, SC.
 - **Ilagan, G.**, Ilagan, J., Bernotski, V., and Parkinson, L. (2014). *Advanced stress-coping skills: An experiential demonstration of three post-modern approaches*. South Carolina Counseling Association, 50th Annual Conference. Hilton Head.
 - **Ilagan, G.**, Bernotski, V., and Ilagan, J. (2013). *A new look at bolstering students'*

stress-coping strategies. South Carolina College Personnel Association /North Carolina College Personnel Association Conference, "Reinventing the Carolinas". Wake Forest University, NC

- **Ilagan, G., Ilagan, D., and McKenzie, S. (2013).** *Client motivation level as a predictor of counseling outcome in a university setting*. South Carolina Counseling Association, 49th Annual Conference. Hilton Head, SC

Summary of student advising responsibilities

- Co-advised campus and Beaufort County cohort graduate students on their Counselor Education coursework, career preparation, and skill development (2021 -2023)
- Advise students on processes to become licensed as professional counselors (2012 – present).
- Utilize social media to promote advising periods and registration deadlines (2020 – present)
- Co-advisor for Chi Sigma Alpha - Student Affairs Honor Society (2020 – present)

SERVICE TO THE COMMUNITY OR PUBLIC

International (2024) –Developed and co-facilitated a Facilitator training for suicide assessment and safety planning. A five -day train the trainer event sponsored by Ministry of Human Development, Families, and Indigenous People’s Affairs (Government of Belize). Belize City.

International (2023) –Developed and co-facilitated five two-day conferences that included 8 workshops each (40 workshops total) on Trauma-informed and strength-based strategies for 129 teachers, school counselors, and social workers from all six districts of Belize. The locations are listed below.

Trauma-informed and strength-based strategies for teachers (40 workshops)

- Muffles College High School, Orange Walk (8 workshops)
- Belize Institute of Management, Belize City, Belize (8 workshops)
- San Pedro Junior College, San Pedro, Belize (8 workshops)
- Sacred Heart College, Dangriga, Belize (8 workshops)
- Galen University, San Ignacio, Belize (8 workshops)

International - Developed and co-facilitated four two-day conferences that included 9 workshops each (36 workshops total) on Trauma-informed and strength-based strategies for 138 teachers, school counselors, and social workers from all six districts of Belize (Summer 2022). The locations are listed below.

Trauma-informed and strength-based strategies for teachers (36 workshops)

- Sacred Heart College, Dangriga, Belize (9 workshops) (2022)
- Muffles College High School, Orange Walk (9 workshops) (2022)
- Belize Institute of Management, Belize City, Belize (9 workshops) (2022)
- Galen University, San Ignacio, Belize (9 workshops) (2022)

International - Developed and co-facilitated eleven (11) Suicide Prevention - Basic and Intermediate (two-day) workshop for 247 community youth workers including counselors, teachers, police, and social workers in Belize (Summer 2017 and 2018).

Intermediate Suicide Prevention (two-day workshops)

- College High School, Orange Walk, Belize (2018)
- Belize Institute of Management, Belize City, Belize (2018)
- Galen University, San Ignacio, Belize (2018)
- Sacred Heart College, Dangriga, Belize (2018)

Basic Suicide Prevention (two-day workshops)

- Galen University, San Ignacio, Belize (2018)
- Sacred Heart College, Dangriga, Belize (2018)
- Belize Institute of Management, Belize City, Belize (2018)
- Toledo Institute for Development and Environment, Punta Gorda, Belize (2018)
- Centro Escolar Mexico Junior College, Corozal, Belize (2018)
- Muffles College High School, Orange Walk, Belize (2017)
- Belize Institute of Management, Belize City, Belize (2017)

Local/regional service – Provide ongoing professional development trainings for Beaufort County School District (BCSD) school counselors.

- Emotional Intelligence: Primary skills for school counselors (2023)
- Burnout recovery strategies for school counselors (2023)
- Racial Bias Against African Americans in School Counseling (2022)
- Motivational Interviewing for School Counselors (2022)
- Solution-Focused Brief Therapy for School Counselors (2022)
- Best Practices in Suicide Prevention (2022)
- School Counseling and Data Collection (2022)

SERVICE TO THE DISCIPLINE

Offices in local, state regional, or national organizations

- South Carolina Counseling Association (SCCA), Executive Board Member as Immediate Past-President (2024 – 2025)
- South Carolina Counseling Association (SCCA), President (2023 – 2024)
- South Carolina Counseling Association (SCCA), President-Elect (2022 – 2023)
- South Carolina Counseling Association (SCCA), Executive Board Member (2021 - 2022)

Committee work in local, state regional, or national organizations

- South Carolina Counseling Association (SCCA), Advocacy Committee - (2021- present)
- American Counseling Association (ACA) Southern Region Leadership Committee (2023-2024)

Service in editorial reviewing for conferences or publications

- Reviewer – Caribbean Journal of Psychiatry (2023)
- Reviewer – Journal of Adventure Education & Outdoor Learning (2020)
- Reviewer – National Board of Certified Counselors Minority Fellowships (2013)

Service on Editorial Boards

- Editorial Board – Journal of College Student Psychotherapy (2014 - 2016)